



115年度 教職員健康檢查項目表

A項	檢 查 項 目		檢 查 內 容
01	醫師診察 問卷	各系統之物理檢查及健康生活習慣諮詢 平均週工時，平均日睡眠	身體基本狀況評估
02	基本檢查	(1) 身高	
		(2) 體重	
		(3) 血壓	
		(4) 視力	
		(5) 辨色力	
		(6) 聽力	
		(7) 腰圍	
		(8) 體脂肪	
03	尿液檢查(十項)	(1) 尿糖	糖尿病、腎臟病、泌尿系統結石或感染
		(2) 尿蛋白	
		(3) 酸鹼值	
		(4) 尿潛血	
		(5) 尿酮體	
		(6) 尿膽素原	
		(7) 尿膽紅素	
		(8) 亞硝酸	
		(9) 比重	
		(10) 尿白血球	
04	血液常規檢查	(1) 血色素(HB)	白血病、急性感染、敗血症、貧血、紫斑症、惡性貧血、地中海型貧血
		(2) 白血球(WBC)	
		(3) 紅血球(RBC)	
		(4) 血球容積比(HT)	
		(5) MCV	
		(6) MCHC	
		(7) MCH	
		(8) 血小板	
05	肝功能檢查	(1) 草酸轉氨酵素GOT	急慢性肝炎、肝硬化、肝癌、脫水症、阻塞性黃疸、膽道阻塞或肝功能異常
		(2) 丙酮轉氨酵素GPT	
		(3) 鹼性磷酸酵素ALK-P	
		(4) 總蛋白T-P	
		(5) 球蛋白ALO	
		(6) 白蛋白ALB	
		(7) A/G	
06	化學性肝炎檢查	伽瑪麩氨酸酵素 r~GT	藥物性或酒精性肝炎評估
07	腎功能檢查	(1) 尿素氮BUN	腎病症候群、尿毒症、腎盂腎炎
		(2) 肌酸酐Crea	
08	痛風檢查	尿酸UA	痛風
09	慢性腎臟病檢查	腎絲球過濾率(GFR)數值	慢性腎功能不全易導致腎衰竭變成尿毒症，為評估慢性腎臟病分期。
10	血脂肪檢查	(1) 膽固醇(CHOL)	冠狀動脈疾病評估、高血脂症
		(2) 三酸甘油脂(T-G)	

11	膽固醇分析	高密度脂蛋白HDL	俗稱"好的膽固醇"，數值愈高較好
		低密度脂蛋白LDL	俗稱"不好的膽固醇"，數值愈少愈好
12	血糖檢查	空腹血糖(AC)	糖尿病、低血糖症
13	肝癌篩檢	胎兒球蛋白AFP	肝硬化、肝癌檢查
14	腫瘤測試	大腸癌CEA	直腸、大腸癌篩檢
15	胸部X光檢查	數位大片X光檢查	心臟、肺及其他胸腔內器官
16	腹部超音波檢查	肝、膽、腎、脾、胰	腫瘤、結石、腹水、脂肪肝
17	B型肝炎檢查	HBsAg	是否感染B型肝炎
18		HBsAb	是否對B型肝炎產生抗體
19	血糖監測	糖化血色素	糖尿病程度監測
20	心腦血管疾病風險	心腦血管疾病風險	10年內心腦血管疾病風險評估
1~20項檢查，弘光教職員特優惠價每人\$1400元			



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Section A	Examination Item		Details
01	Physician Consultation	Physical examination of all body systems and counseling on healthy lifestyle habits Questionnaire: average weekly working hours and average daily sleep duration	General health evaluation and lifestyle counseling
02	Basic Measurements	(1) Height (2) Weight (3) Blood pressure (4) Visual acuity (5) Color vision (6) Hearing (7) Waist circumference (8) Body fat percentage	Assessment of basic physical condition
03	Urinalysis (10 Parameters)	(1) Glucose (2) Protein (3) pH (4) Occult blood (5) Ketones (6) Urobilinogen (7) Bilirubin (8) Nitrite (9) Specific gravity (10) Leukocytes	Screening for diabetes, kidney disease, urinary tract stones, or infection
04	Complete Blood Count (CBC)	(1) Hemoglobin (Hb) (2) White blood cell count (WBC) (3) Red blood cell count (RBC) (4) Hematocrit (Hct) (5) Mean corpuscular volume (MCV) (6) Mean corpuscular hemoglobin concentration (MCHC) (7) Mean corpuscular hemoglobin (MCH) (8) Platelet count (PLT)	Screening for leukemia, acute infection, sepsis, anemia, purpura, megaloblastic anemia, and thalassemia
05	Liver Function Tests	(1) AST (GOT) (2) ALT (GPT) (3) Alkaline phosphatase (ALP) (4) Total protein (TP) (5) Globulin (GLO) (6) Albumin (ALB) (7) Albumin/globulin ratio (A/G)	Assessment of acute/chronic hepatitis, cirrhosis, liver cancer, dehydration, obstructive jaundice, biliary obstruction, or abnormal liver function
06	Chemical Hepatitis Test	Gamma-glutamyl transferase (GGT)	Assessment of drug-induced or alcoholic hepatitis
07	Kidney Function Tests	(1) Blood urea nitrogen (BUN) (2) Creatinine (Cr)	Screening for nephrotic syndrome, uremia, and pyelonephritis
08	Gout Screening	Uric acid (UA)	Gout screening
09	Chronic Kidney Disease Screening	Estimated glomerular filtration rate (eGFR)	Assessment and staging of chronic kidney disease, which may progress to kidney failure and uremia
10	Lipid Profile	(1) Total cholesterol (TC/CHOL) (2) Triglycerides (TG)	Assessment of coronary artery disease risk and hyperlipidemia
11	Cholesterol Analysis	High-density lipoprotein cholesterol (HDL-C) Low-density lipoprotein cholesterol (LDL-C)	HDL-C is commonly called "good cholesterol"; a higher level is generally better. LDL-C is commonly called "bad cholesterol"; a lower level is generally better.
12	Blood Glucose Test	Fasting blood glucose (AC)	Screening for diabetes and hypoglycemia
13	Liver Cancer Screening	Alpha-fetoprotein (AFP)	Screening for cirrhosis and liver cancer
14	Tumor Marker Test	Carcinoembryonic antigen (CEA)	Screening for colorectal cancer
15	Chest X-ray	Digital large-format chest X-ray	Evaluation of the heart, lungs, and other organs within the chest

16	Abdominal Ultrasound	Liver, gallbladder, kidneys, spleen, and pancreas	Screening for tumors, stones, ascites, and fatty liver
17	Hepatitis B Test	Hepatitis B surface antigen (HBsAg)	Determines whether hepatitis B infection is present
18	Hepatitis B Test	Hepatitis B surface antibody (anti-HBs / HBsAb)	Determines whether protective antibodies against hepatitis B are present
19	Glycemic Monitoring	Glycated hemoglobin (HbA1c)	Monitoring of long-term blood glucose control
20	Cardiovascular and Cerebrovascular Disease Risk	10-year cardiovascular and cerebrovascular disease risk assessment	Estimation of cardiovascular and cerebrovascular disease risk within 10 years
Items 1-20: Special price for Hungkuang faculty and staff - NT\$1,400 per person			